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ADVICE TO BOTH SEXES, IN A VARIETY OF COMPLAINTS,

Which fully explains, in a conciſe, plain manner, adapted to every Capacity, the moſt ſimple methods of Treatment, and efficacious Remedies for the following among the great number of diſeaſes, which are treated of under their reſpective heads,

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TO WHICH IS ADDED,

A Diſſertation on the

Uſe and Abuſe of Cold, or Sea-Bathing,

BY S. SOLOMON, M. D.

Member of the Univerſity and College of Phyſicians, Aberdeen:

This celebrated Pamphlet aſſuredly points out the moſt efficacious remedies for moſt of the diſeaſes incident to the human frame; particularly thoſe *dreadful diſorders* which are ſo prevalent in this kingdom uſually termed *Nervous and Hypochondriac*, which in *this* publication are largely treated on, and the beſt and moſt certain remedies ſtrongly and experimentally recommended.

into an untimely grave! To ſuch as theſe, "The Guide to Health," will afford the moſt permanent relief, and point out the mode of reſtoration, to the enjoyment of the greateſt of all the comforts, HEALTH, without which life is not worth enjoying.

The Author is proud to confeſs, that he has been aſſiſted by eminent literary medical men, to whoſe labours and aſſiſtance he is much indebted:—*they have tried the remedies* preſcribed as well as himſelf, and have *not* been AFRAID or ASHAMED *to acknowledge their ſalutary and powerful efficacy.*

☞ Orders given to any Bookſeller in Town or Country, for "SOLOMON's GUIDE TO HEALTH," will be duly executed, at only 3s. each copy, free of carriage.

Every perſon, young and old, ſhould certainly purchaſe this book, there is *ſcarcely an individual who is not intereſted in ſome part of it.* In particular it is recommended to *young men and boys*, as an early attention to the latter, may ſerve to guard them from a fatal rock on which thouſands have been ſplit, and be the means of preſerving their bodies from diſeaſe, and alſo their ſouls, their minds, and all their faculties from deſtruction.

† For the very excellent character of this book ſee the different Reviews.

☞ TO THE PUBLIC.—Nothing can be a ſtronger proof of the utility of this work than the unprecedented ſale it has met with, no leſs than FIFTY THOUSAND COPIES having been diſpoſed of in a very ſhort time.

Extract of the Character given of this Work in the SUN, STAR, COURIER, ALBION, TIMES, DAILY ADVERTISER, MORNING CHRONICLE, and moſt of the Literary Journals in Europe.

"We have the ſatisfaction of announcing the publication of another edition of Doctor Solomon's incomparable 'GUIDE TO HEALTH,' a book which has certainly met with the moſt extenſive ſale of any medical production we ever heard of —upon an attentive peruſal of it, the afflicted will meet with much *uſeful advice* and *inſtruction*—the *beſt* and moſt *approved remedies* are certainly pointed out for the *various diſorders* on which it particularly treats, as well as directions for general health highly intereſting to perſons of every denomination."

AN ACCOUNT OF

THAT MOST EXCELLENT MEDICINE,

THE

CORDIAL BALM OF GILEAD,

SO JUSTLY CELEBRATED FOR

THE RELIEF AND CURE OF

NERVOUS DISORDERS,	BILIOUS CASES,
FEMALE COMPLAINTS,	DEBILITY,
WEAKNESSES,	INDIGESTION,
LOSS OF APPETITE,	COUGHS AND COLDS,
IMPURITY OF BLOOD,	CONSUMPTIONS,
HEAD-ACHE,	LOWNESS OF SPIRITS,
RELAXATION,	*&c. &c. &c.*

NERVOUS SYSTEM.

THE train of melancholy diſorders which afflict the human frame, under the denomination of nervous diſeaſes, are the principal ſources of human miſery in the privation of health. Thoſe diſorders proceed from ſuch an infinite variety and complication of cauſes, as to render it impoſſible, if even it were always neceſſary, to trace them to their true ſource. The effects however are but too well known and too ſeverely felt amongſt too great a portion of mankind; and to theſe effects, it may without exaggeration be aſſerted, that any remedy ſuperior or more celebrated for efficacy than Dr. Solomon's *Cordial Balm of Gilead*, never has been experienced. In all delicate, weakly, and relaxed conſtitutions, lowneſs of ſpirits, hypochondria, horrors, tremblings, weakneſs of ſight, loſs of memory, impaired vigour, tabes dorſalis, nervous conſumptions, and the numberleſs ſymptoms of impaired and tottering conſtitutions, whether ariſing from a life of inactivity, intemperance, or inattention to health, Its efficacy has attained throughout the three kingdoms univerſal and unparalleled celebrity.—By ſtrict perſeverance in its uſe, it chears, braces, and invigorates the whole nervous ſyſtem, and gives new tone to all the vital functions, of which numberleſs inſtances can be avouched. Thouſands at this day in the three kingdoms live to bleſs the day they firſt applied to this admirable remedy, and enjoy the bleſſings of health, who might otherwiſe have dropped into an untimely grave, the victim of an early imprudence.

Prepared only by S. SOLOMON, M. D. of the Univerſity and College of Phyſicians, and author of "The Guide to Health," at his Houſe, *Solomon's Place, Brownlow-Street, Liverpool*; where he may be conſulted, with his uſual fee.

Vide, Lege, et Crede.

Caſe of JAMES VAUGHAN, Eſq.

(*The late* BANKER,) *Park-Street*, BRISTOL,

Who has very laudably given permiſſion to its being made public for the good of the afflicted:—

HE is 61 Years of Age, and acknowledges with Gratitude that he received infinite Benefit from ſeven bottles of THE CORDIAL BALM OF GILEAD; having thereby been reſtored from an Aſthma, cough, violent wheezing of the Lungs, ſtrong Hypocondriac, Lowneſs of Spirits, great Relaxation, Weakneſs of Body, Reſtleſs Nights, and uncomfortable Dreams, all which reduced him very much: he is now luſty, ſtrong, and hearty, and enjoys better Health than he has experienced for theſe 35 Years.

Signed 26th June, 1799, JAMES VAUGHAN,

Extract of a Letter from the

REV. ROWLAND PHILLIPS, B. A.

Long-Aſhton, *near* Briſtol, *dated June* 25, 1799.

" I feel it a duty incumbent on me as a Clergyman, to ſtate, for the good of the Afflicted, that I am reſtored from a great weakneſs, with a long Train of horrid Symptoms attendant on a Nervous Complaint of many years ſtanding, by the uſe of the CORDIAL BALM OF GILEAD, though many Remedies preſcribed by the Faculty, as well as thoſe advertiſed, were tried in vain. My ſpouſe alſo derived great benefit therefrom; and ſeveral of the firſt familes in the vicinity of Briſtol have declared they owe the recovery of their health ſolely to the great efficacy of that valuable reſtorative. I therefore think it cannot be too generally known,

(Signed)

" ROWLAND PHILLIPS, B. A."

AFFIDAVIT OF J. BROOM, Esq. *Downend, near Briſtol.*

I was long troubled with a *nervous complaint, accompanied with great trembling, weakneſs, debility, and lowneſs of ſpirits*, and when I converſed with a friend, tears involuntarily guſhed from my eyes. Thus I became emaciated and ſo reduced as not to be able to walk into my own garden, or ſcarcely ſtand on my feet. I was afflicted with a bad cough and head-ach, and being conſtantly in pains both of body and mind, I was rendered incapable of doing any thing. In this deplorable ſtate I entered upon a courſe of your Cordial Balm of Gilead, and found immediate relief; three bottles of which reſtored me to my uſual ſtate of health. It is now eighteen months ago ſince I was thus cruelly afflicted, and gratitude compels me to come forward in this public manner to declare that I have not had the leaſt return ſince.

I am, Sir, your humble ſervant,

J. BROOM.

Witneſſes. { W. Sheppard, No. 3, Wine-ſtreet, / William Saunders, } Briſtol.

Sworn before me, January 28, 1799. C. J. HARFORD, *Briſtol,*

One of his Majeſty's Juſtices of the Peace for the County of Glouceſter.

Sir, TO S. SOLOMON, ESQ. M. D. LIVERPOOL:

I feel much pleaſure to have it in my power to communicate to you a moſt ſurpriſing cure, effected by your valuable medicine, the *Cordial Balm of Gilead*. A young man (a mercer) of this city, about twenty-five years of age, has been afflicted from his infancy with a nervous complaint, attended with great debility, langour, want of appetite, lowneſs of ſpirits, which latterly increaſed ſo much as to render him incapable of attending to buſineſs for the laſt twelve months. In this deplorable ſtate he was adviſed by his phyſician, as the laſt reſource, to go into the country, but he found no relief in the change.—He then tried your *Cordial Balm of Gilead*, from the firſt bottle of which he found immediate relief, and ſix bottles more have reſtored him to a ſound and perfect ſtate of health. This caſe has occurred within my own obſervation, and the particulars ſtated from the young man's narration, who, as well as myſelf, will give you or any enquirer ſuch further information as may be deſired reſpecting this wonderful and ſurpriſing cure.—I am, Sir, your humble ſervant,

JOHN FLETCHER,
Printer of the Cheſter Chronicle.

WONDERFUL CURE, OF MR. E. FOX,

Livery-Street, Harper's-Hill, Birmingham.

I long laboured under the painful effects of indigeſtion, and could obtain no relief from regular medical advice. In this ſtate I was recommended to try the *Cordial Balm of Gilead*, but having an objection to public medicines, I reſiſted the idea for ſome time. The weakneſs, however, gained on my conſtitution, as ſcarcely any ſuſtenance remained on my ſtomach, I determined to give the *Cordial Balm of Gilead* a fair trial, and immediately ſent for ſome to Mr. Swinney's, printer, in this town; and the conſequences have fully juſtified the report I had of your medicine; for my ſpirits were ſoon recruited, and my appetite and digeſtion, after eighteen months' waſting and excruciating illneſs, are now

happily reſtored. As this ſingular caſe may be the means of inducing others, under ſimilar complaints, I conſent to make it public:

Livery-Street, Harper's-Hill, EDWARD FOX.
Birmingham, December, 6th, 1798.

The following Gentlemen, Reſidents of Birmingham, are Witneſſes to Mr. Fox's Cure;

James Millar, Eſq.	Walter Archer,	John Taylor, Eſq.
John Ellis,	John Robotham,	Henry Hawkins.

FROM A PRINCIPAL OFFICER OF A 74.

Spithead, Dec. 2, 1798.

FOR the benefit of mankind, and my brother Officers in particular, I authorize Dr. Solomon, of Liverpool, to publiſh this my acknowledgement of the efficacy of his medicine, the *Cordial Balm of Gilead.* As I do not chuſe my name to appear in print, perſons deſirous to know the truth of my aſſertion, may, by enquiring of Meſſrs. Toulmins, Navy Agents, Surry Street, Strand, London; or Mr. Alexander, Navy Agent, oppoſite the Navy Poſt-office, Broad Street, Portſmouth, learn my name and addreſs. By an irregular life I had been exceſſively weakened and debilitated; a dozen bottles of the *Cordial Balm of Gilead,* abſolutely reſtored me to my primitive health.

A LADY RESTORED FROM THE JAWS OF DEATH.

DEAR SIR, *London, Nov.* 29, 1798.

THE diſorders with which a lady of my acquaintance was afflicted, were nervous affections, and a very high inflammation of the lungs, attended with exceſſive coughing, which reduced her to death's door.—She told me that ſhe had had the beſt medical advice ſhe could procure, and Dr. Pitcairn among others, but to no good purpoſe. She continued twelve months in this diſordered ſtate; went to Briſtol, and found no relief; that for four months together ſhe could not lay down in her bed without the hazard of exceſſive pain or ſuffocation, and during that period could only reſt by being propped up with pillows. Being almoſt worn out with ſuffering, a friend adviſed her to buy a bottle of your CORDIAL BALM of GILEAD: ſhe purchaſed two half-guinea bottles, and found much relief by them, and then bought a *L.*5 box, which perfectly reſtored her from the debilitated ſtate of her lungs, and nervous diſorder. She alſo added that many of her friends, thro' her recommendation, had found great benefit by taking them. She informed me that ſhe had it in contemplation to have written to you, but as ſhe had relations in the medical line, ſhe did not like her name to be made public, and thereby incur their diſpleaſure. Mrs. Mathews and myſelf had an interview with the lady, who related the particulars; and either of us will with pleaſure refer any reſpectable enquirer to the lady herſelf. Wiſhing that your medicine may prove productive to you by an extenſive ſale, and beneficial to mankind, I am, dear Sir, your humble ſervant, JAMES MATHEWS, No. 18, Strand

DR. SOLOMON, LIVERPOOL.

A young man, about twenty years of age, writes that he had been for upwards of three years labouring under a nervous complaint, with a conſtant depreſſion of ſpirits, which almoſt rendered him uſeleſs in ſociety, all the powers of his mind having become impaired, ſo that his ſpirits can ſcarcely ſuſtain him, accompanied with a wandering imagination and with great loſs of memory, flying pains all over the body, particulary in his forehead, extremely tremulous and feeble after a few hours exerciſe, his heart continually palpitating; great pain in his bowels occaſioned by wind; fluſhing of heat, and ſometimes cold in different parts of his body. Though almoſt every medicine failed, the *Cordial Balm of Gilead* was found to be the only remedy that gave him relief; and he obtained a *radical* cure by a little perſeverance.

☞ Want of room, and delicacy, preclude the inſertion of letters of importance to the community, and to youth in particular. They may however be ſeen at large in the Doctor's publication entitled "A GUIDE TO HEALTH:" a new edition of which is now juſt publiſhing at three ſhillings, and may be had at H. D. Symonds, Paternoſter-row, London; and all bookſellers, with an elegant portrait of the Author.

*** Perſons in the country requiring the Doctor's opinion relative to inveterate caſes, are to encloſe his uſual fee of HALF-A-GUINEA, in a letter, with the ſtate of their caſe.—Such letters ſhould *(for ſafety)* be thus directed—"Money-letter, Dr. Solomon, Solomon's-place, Brownlow-ſtreet, Liverpool; paid double poſtage."

☞ Letters may be ordered to be addreſſed for X. Z. or A. B. at the poſt-office till called for.

A ſaving of One Pound Six-ſhillings.

N. B. The *Cordial Balm of Gilead* is ſold in bottles, price Half-a-Guinea each.—There are alſo boxes, price 5l. containing equal to twelve bottles at 10*s*. 6*d*. by which the patient ſaves 1*l*. 6*s*, which can be had of the Doctor, by remitting a FIVE-POUND bank-note.

☞ A book of directions with a variety of remarkable caſes, is ſealed up with each bottle.

To the AFFLICTED.

Dr. Solomon derives the greateſt ſatisfaction from the number of caſes that almoſt daily occur, wherein the efficacy of the *Cordial Balm of Gilead* is demonſtrated, in eradicating the worſt and moſt dangerous ſymptoms of nervous diſorders; and he is fully convinced that nothing has tended ſo much to eſtabliſh the fame of this Medicine, as its certain ſucceſs in thoſe complaints which ſtrike their root ſo deep in the conſtitution, and are ſo fatal to the happineſs of Mankind.

The *Cordial Balm of Gilead* is therefore earneſtly recommended to thoſe who in advanced age feel the conſequences of youthful exceſs, or unfortunate youth who have thereby brought on themſelves a numerous train of evils. It is at once the moſt elegant and efficacious Medicine ever yet diſcovered for nervous diſeaſes.

To the young it will afford laſting health, ſtrength, and ſpirits, in place of laſſitude and debility; and to the aged and infirm it will aſſuredly furniſh great relief and comfort by gently and ſafely invigorating the ſyſtem.

Nervous diſorders of every kind, and from whatever cauſe ariſing, all that train of ſinkings, anxieties, and tremors, which ſo dreadfully affect the weak, the ſedentary, and the delicate, will in a ſhort time be ſucceeded by chearfulneſs, and every preſage of health.

Thoſe who have reſided in the Weſt Indies, can teſtify the ſalutary effects of this wonderful Medicine, its ſenative qualities have particularly been proved in the late alarming epidemic complaint, the yellow fever; and thoſe who are languid and relaxed in their whole ſyſtem, take this Medicine with the happieſt effects; perſons therefore going to the Eaſt or Weſt Indies, cannot ſtore a more important article of health and life.

Youth of either ſex, who have practiſed a ſecret and deſtructive vice, and thereby relaxed, weakened, and debilitated the whole nervous ſyſtem, will find the *Cordial Balm of Gilead* the moſt powerful, certain, and effectual reſtorative.

The *Cordial Balm of Gilead* is now conſidered as the greateſt diſcovery that has been made in the memory of man; it is potent, ſafe and pleaſant. The rapid and increaſing fame beſtowed on its author and inventor (Dr. Solomon, of Liverpool) is the true and only criterion to judge of the merits of a Medicine, which has been adminiſtered from the higheſt to the loweſt claſs of people with ſuch happy and uniform ſucceſs.—The Venders of this Medicine frequently cannot get ſupplied as quick as the demand is for it, and it is a fact worthy of remark, that they are ſold nearly as ſoon as they arrive at hand, moſt of the Half-Guinea Bottles being beſpoke before they are ordered.

Sold Wholeſale by *Dr. Solomon*, LIVERPOOL; *Mr. Mathews*, No. 18, Strand, LONDON; *Mr. M'Donald*, GLASGOW; *Mr. Smith*, No. 38, North Bridge-Street, EDINBURGH; *Spilſbury, and Co.* No. 45, Mary-Street, and *Mr. Daviſon*, No. 1, Parliament-Street, DUBLIN.

And in the country by all *Printers*, *Bookſellers*, and Venders of *Medicines* in the three kingdoms, with directions.